



Litany of Dating

By Mari Pablo





Litany of Dating

When Dating/Relationships...

Lord, I give you permission to...

Show me my wounds:

Come and heal me

Show me my loneliness:

Come and accompany me

Show me my insecurities:

Come and affirm me

Show me my desires:

Come and fulfill me

Show me my doubts:

Help me to be secure in you

Show me lies:

Form me in your truth

Show me my sinfulness:

Usher me into your mercy

Show me my impatience:

Help me to trust in your timing

Show me my desire to control:

Help me to surrender

Show me rejection: Help me to know I am chosen by you, my Bridegroom

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Prayer...

Lover of my soul,

I invite you in. I give you permission to come and renew, to come and restore, come and transform my mind and heart in the ways that only you can.

May I see the challenges that come from dating as opportunities to grow. Please give me the courage to not settle, to be reminded of my worth, and to see myself and others through your eyes.

I ask that you unite my heart to your most Sacred Heart with every heartbeat. May I believe that only you can fulfill my every desire. Heal me, speak truth to me and remind me that I am yours. I entrust my vocation to you. Help me to recognize and follow your voice. Jesus, I chose to surrender it all to you because I trust you and I love you.

Amen

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